

## Smile Makeovers With Porcelain Veneers

### Going Hollywood

Porcelain veneers are small pieces of tooth-colored porcelain that have made a significant impact in esthetic dentistry. In fact, several of the popular "makeover" shows owe much of their success to the beauty of the porcelain veneer! Veneers can improve smiles that have crooked or widely spaced teeth. They can make short teeth longer and dark teeth lighter. In fact, since most veneers are made from porcelain, they resist staining from things like food and coffee, which means that your beautiful white smile will be just as white in 10 years!

Many of these same improvements can be accomplished with orthodontics (braces) and bleaching (whitening), one of the great advantages of veneers is that they are typically finished in as little as 2 weeks, while orthodontic cases can take up to 2 years. That makes porcelain veneers a great choice for many adults who don't want to wait 2 years for results or have tooth shape and color issues that are not easily addressed by bleaching or simple white fillings.

Ask us if porcelain veneers may be right for you! Your consultation and cosmetic imaging workup are free when you mention this newsletter.



Above is before porcelain veneers and below is after



### Inside this issue:

Smile Makeovers	1
Story of an Awful Dilemma	2
Real Men Care	1
What We Notice	1
Your Referrals	2
That's a Fact	2
Dental Caries	2

## Real Men Really Care

Teeth Whitening is a big priority

A magazine survey revealed that 83% of their male readers intended to get their teeth whitened before their wedding. That's twice as many as those getting into better physical shape. This mirrors the experience of many dentists who are seeing more men for teeth whitening procedures.

Dentist supervised teeth whitening is a safe, reliable, non-surgical way to make your smile dazzling. A dentist can provide a system that's right for your smile.

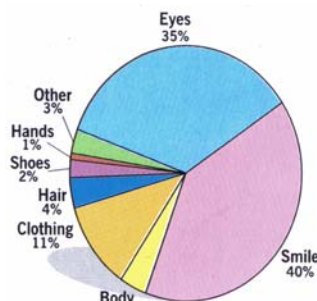
Grooms' Prep Plans:

- 83% plan teeth whitening
- 46% plan getting into better physical shape

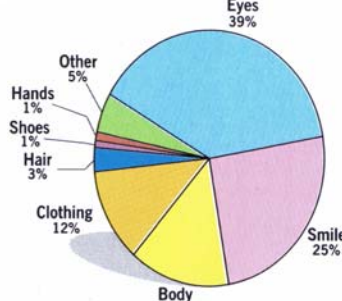
33% plan a self-tan

20% plan manicures

## What We Notice First



What WOMEN notice first



What MEN notice first

Source is: Baluke dental studios

### OFFICE INFORMATION

Dantini Dental of Stamford  
 12 Camp Avenue  
 Stamford, CT 06907

#### Office Hours

Monday 10am — 7pm  
 Tuesday 10am — 6pm  
 Wednesday Closed  
 Thursday 10am — 6pm  
 Friday 9am — 2pm  
 Saturday 9am — 2pm  
 Sunday Closed

#### Contact Information

Office (203) 322-5397  
 Fax (203) 968-1241  
[www.dentistdds.com](http://www.dentistdds.com)

## The Story of an Awful Dilemma

Regular dental care prevents future health problems. Neglect can spell disaster. Don't let this be your story.

"For years I avoided the dentist, but I finally had to go when one of my back molars began to hurt."

"I had a full oral exam and the dentist told me I had periodontal disease and decay. I was told to go see a periodontist as soon as I could so that most of my teeth could be saved."

"The hygienist cleaned my

teeth. My molar hurt and was beyond saving so the dentist he had to pull it. He then asked me to come back for fillings. I'd like to say that I followed his advice."

"Relieved of immediate pain, I put off any dental visits for quite awhile. "

" My gum disease and decay advanced further,. I was in pain more often. I tried my best to take good care of my teeth, but my condition gradually worsened. "

" More teeth became loose

and several even broke. Two became loose enough to pull myself, and I did. Three more teeth are now very loose and only two or three teeth seem to be solid and unbroken."

"I went back to the original dentist that I saw years ago . He said that having all my teeth pulled and getting dentures would be a less expensive option then trying to fix all the damage. "

"Today, despite the advanced state of my problems I feel reluctant to go this route. "

I am in a quandary as to the best course of action for me. My stomach is all tied up in knots just trying to figure out what to do."

You can avoid this patient's dilemma. Good nutrition and self-care, as well as investing in regular dental health care are your safeguards against the painful consequences of gum disease and dental decay.

## Dental Cavities: A Transmissible Bacterial Infection

How and when do humans first become infected with the bacteria that lead to dental caries? According to Kath Phipps, PhD, children become permanently colonized with mutans streptococci between the middle of the second year and the end of the third year of life, during a so-called "window of infectivity." Despite a long held belief that mutans strep-

tococci require teeth for persistent oral colonization, recent studies have demonstrated that the bacteria can colonize the mouths of predate infants, particularly in the furrows of the tongue.

The primary sources of caries-causing bacteria in infants are their mothers, Dr. Phipps wrote. She added that it has also been shown that a child's infection is related to

maternal dose. The higher the level of maternal mutans streptococcal infection means the higher the percentage of children who become infected.

The nature of dental caries as a transmissible bacterial infection often seems to be ignored by many dental professionals, who routinely address the manifestation of infection carious lesions but

neglect to follow up by "breaking the chain of infection," she says. "By shifting our focus to the bacterial nature of the disease, we will be able to more effectively prevent and treat dental caries."

(source: UDA Action, Utah Dental Association, May/June 2004)

**FACT: During the day your mouth swallows over 2000 times! But, only 20 times at night!**

Spring is a time of creativity, challenge, progress, and

positive interactions with important people in our lives. During this time of renewal, it's easy to focus on the cost and forget about the benefits.

In our practice, you make the difference, and we'll keep rolling up our sleeves to earn your ongoing loyalty and trust. Every

## Your Referrals...Are Important!

time you refer us to the important people in your life, you help to keep our practice growing and progressive.

Your trust and confidence are important to us and we appreciate your confidence and referrals. With your feedback and our hard work we will strive to meet your

needs and keep our office at the forefront of dental technology and personal service.

If you have any questions or comments we can be reached by phone or e-mail. My personal e-mail is:

[peter@dentistdds.com](mailto:peter@dentistdds.com) .